

Race Date
August 21, 2021

2021 LGOWS
Age Group Results

10k Non-Wetsuit

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1	Maria Jellig	Haddonfield NJ	6	2:38:20.4
2	Miranda Wingfield	Medford MA	14	2:56:51.6
3	Erika Martin	Albany NY	15	3:00:46.0

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Jasmine Johnson		20	3:11:17.5
2 *	Ashley Zuorski	Rockport ME	25	3:15:36.7
3 *	Melanie Garcia	South Burlington	29	3:18:40.1
4	Claire Roser	Williston VT	31	3:20:58.9
5	Caroline Matthews	Brooklyn NY	34	3:33:18.5
6	Victoria Durand	Forest Hills NY	48	4:17:12.7

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Kimberly Plewa	Cranford NJ	24	3:12:46.6
2 *	Zahava Lipton	Millburn NJ	38	3:49:56.4

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Kaye-Lani Laughna	Davidson NC	19	3:09:50.9
2 *	Erica Flickinger	Phoenixville PA	21	3:11:55.2
3 *	Nicole Ramsbey	Simpsonville SC	39	3:50:10.9

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Becky Goldszal	Havertown PA	16	3:06:21.8
2 *	Jennifer Kuipers	Brooklyn NY	43	3:57:14.2

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Jessica Holmes	Cornwall VT	18	3:08:48.6
2 *	Maggie Rowley	Gloversville NY	33	3:32:48.0
3 *	Bridget Simpson	Ticonderoga NY	47	4:15:37.1
4	Cheryl Zwijacz	Saratoga Springs	50	4:19:04.7
DNF	Robin Zimpel	Jamesville NY		
DNF	Eleni Reed	New York NY		

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Hope Mao Oehler	Elkridge MD	37	3:44:44.7
DNF *	Sue McNeil	Fayetteville NY		

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Ali Hall	San Francisco CA	23	3:12:19.1
DNF *	Charlotte Tate	Middlebury VT		

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Male 65 to 69

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1	Eric Nilsson	Boston MA	1	2:10:01.1
2	Thomas Rathbun	Durham NC	2	2:30:57.5
3	Shane Donovan	Liverpool NY	3	2:30:57.7

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Barney Heller	North Wales PA	13	2:53:28.6
2 *	Mike Delaney	North Ferrisburgh	28	3:17:58.7
DNF *	William Ondrako	Binghamton NY		

Male 70 to 74

Male 18 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Jason Boyko	Poughkeepsie NY	8	2:43:29.6
DNF *	Ryan Ryersen	Syracuse NY		

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Ellis Merschoff	Pasadena MD	36	3:40:56.4

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Tommy Wolinski	Wallington NJ	5	2:37:42.5
2 *	Izaak Herman	Denver CO	46	4:06:14.2

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Frank Ferraro	Odenton MD	9	2:47:33.6
2 *	Tim Rindfleisch	Boston MA	26	3:16:15.0

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Joseph Neikirk	Scituate MA	4	2:37:17.3
2 *	Patrick Foley	Brandon VT	7	2:42:54.5
3 *	Ben Frazier Taylor	Saratoga Springs	22	3:12:02.4

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Steven Smith	Rochester NY	12	2:51:30.4
2 *	Andras Pataki	Little Falls NJ	30	3:18:51.5
3 *	Chris Yuen	Niagara Falls NY	42	3:51:34.8
4	William Blumentals	Needham MA	44	4:00:02.2

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Daniel Canty	Middle Grove NY	11	2:51:06.5
2 *	Michael Buckley	Brooklyn NY	17	3:07:01.8
3 *	Paul Van Horn	Brooklyn NY	41	3:50:53.5
4	Bayard Gilbert	Islesboro ME	45	4:00:08.8
DNF	Greg Pinchbeck	Wilton CT		

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Pedro Moreno	Jersey City NJ	32	3:30:32.9
2 *	Martin Turecky	Camden ME	35	3:34:11.0
3 *	Marc Mansour	Boston MA	40	3:50:52.4

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Wm Berardelli	Blue Bell PA	10	2:48:12.7
2 *	Chris Zeoli	Middlebury VT	27	3:17:19.1
3 *	Robert Schott	Cranford NJ	49	4:18:03.2