

## 2021 LGOWS

Age Group ResultsRace Date

August 21, 2021

**5k Non-Wetsuit****Female Open Winners**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1	Emma Smith	Washington DC	1	1:13:12.2
2	Courtney Randolph	Rockville MD	2	1:15:08.0
3	Kimberly MacDonald	Clinton NY	3	1:18:34.0

**Female 18 to 24**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1	* Ayla Yagan	Syracuse NY	24	1:32:29.5
2	* Madeline Day	New Castle DE	48	1:44:08.9

**Female 25 to 29**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1	* Tracy Miller	West Hartford CT	11	1:25:26.2
2	* Holly Rudel	Lake George NY	14	1:27:46.8
3	* Sara Yagan	Syracuse NY	28	1:36:30.2
4	Yuval Schaal	Northborough MA	62	1:54:01.7
5	Allison Walkley	Castleton On	83	2:09:41.2

**Female 30 to 34**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1	* Jacqueline Fasano	New York NY	5	1:23:42.3
2	* Emily Oppenheimer	Jersey City NJ	27	1:34:48.4
3	* Amelia Possanza	Brooklyn NY	30	1:37:22.0
4	Jackie Bishop	Binghamton NY	37	1:40:58.6
5	Leeanne Horton	Saratoga Springs	39	1:41:53.1
6	Sarah Groat	Kingston NY	40	1:42:10.9
7	Meghan Monthie	Clifton Park NY	65	1:57:17.4
8	Margaret Lonergan	Thetford VT	81	2:08:11.0
9	Ashley Pedoty	Woodstock VT	82	2:08:52.2
10	Kari Sudfeld	Ballston Spa NY	92	2:22:41.0

**Female 35 to 39**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1	* Leanne Svoboda	New York NY	4	1:18:41.4
2	* Emma Hansen	New York NY	19	1:29:43.7
3	* Katrina Gleich	Grantham NH	35	1:38:55.0
4	Jess Jiang	Brooklyn NY	38	1:41:32.6
5	Jennifer Benson	Warwick RI	71	1:59:55.1
6	Lauren Meilhede	Queensbury NY	72	2:00:36.7
7	Allison Wuertz	New York NY	77	2:03:33.1
8	Karen Polshuck	New York NY	84	2:11:54.4
9	Jade Esberg	Oswego NY	86	2:14:32.7

**Female 40 to 44**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1	* Susan Blake	Schenectady NY	21	1:31:26.8
2	* Erin Larrabee	Glenmont NY	45	1:43:44.0
3	* Kristina Saxena	New York NY	49	1:44:21.7
4	Rachel Dinero	Fayetteville NY	73	2:00:47.0
DNF	Catalina Kulczar-Marin	Brooklyn NY		

**Female 45 to 49**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1	* Kiera Westphal	Brooklyn NY	44	1:43:36.7
2	* Rachel Gissinger	Bronx NY	52	1:45:58.2
3	* Maureen Holohan	New York NY	66	1:58:49.5
4	Molly Olver	Warwick RI	67	1:58:51.4
5	Tala Klinck	Cambridge MA	85	2:13:11.9
6	Deborah Fung	New York NY	93	2:29:10.7
DNF	Nancy Alpersen	Shrewsbury MA		

**Female 50 to 54**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1	* Suzanne Anziano	Killingworth CT	34	1:38:31.1
2	* Tiffany Collins	Fairport NY	55	1:48:11.6
3	* Shlomit Schaal	Northborough MA	61	1:50:50.7
4	Marina Sadikoska	Bloomington NJ	79	2:04:34.9
5	Linda Horiuchi	New York NY	91	2:20:09.9
DNF	Jennifer Murphy	New Rochelle NY		

**Female 55 to 59**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1	* Robyn Schaffer	Baltimore MD	23	1:32:24.1
2	* Kelly Owens	Allentown NJ	29	1:37:00.8
3	* Tammara Van Ryn	Greenwich NY	33	1:38:09.4
4	Marty Munson	New York NY	46	1:43:54.4
5	Cj Dickson	Princeton MA	54	1:47:26.6
6	Mary Cerrone	Pittsburgh PA	58	1:49:57.9
7	Marybeth Jacob	Fanwood NJ	64	1:57:07.3
8	Ellen Venditti	Ulster Park NY	78	2:04:02.9
DNF	Kate Auwaerter	Syracuse NY		

**Female 60 to 64**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1	* Karen Byer	Greenfield Center	15	1:27:49.2
2	* Sally Dykstra	Melbourne Beach	18	1:29:36.5
3	* Gail Holland	Worcester MA	43	1:43:35.7
4	Ann Faust	Haddam CT	53	1:46:15.5
5	Catherine Fukushima	Brooklyn NY	95	2:29:30.7

**Female 65 to 69**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1	* Virginia Touhey	Saratoga Springs	87	2:16:26.0

**Female 75 to 79**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1	* Marge Burley	Baltimore MD	68	1:58:58.6

Race Date  
August 21, 2021

2021 LGOWS  
Age Group Results

**5k Non-Wetsuit**

**Male 55 to 59**

**Male Open Winners**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1	Andrew Vogel	West Hartford CT	6	1:23:47.7
2	Jeff Wetzel	Melbourne Beach	7	1:24:05.0
3	Raymond Dewire	Cropseyville NY	8	1:24:23.3

**Male 18 to 24**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Gardner Gendron	Putnam Station	90	2:19:25.1

**Male 25 to 29**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Nicholas Gagliano	New York NY	9	1:24:45.7

**Male 30 to 34**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Kristof Toth	Washington DC	12	1:25:52.6
2 *	Marc McLaurin	Springfield	25	1:33:45.3
3 *	Brian Strebel	Ballston Spa NY	96	2:29:46.6

**Male 35 to 39**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Jonathan Oloughlin	Rockville MD	10	1:25:00.4
2 *	Matt Gurry	New York NY	41	1:42:15.8
3 *	Andy Greene	Worcester MA	50	1:44:27.7
4	Nathan Burstein	New York NY	60	1:50:27.4
5	Denys Gurak	Stamford CT	80	2:05:00.8
DNF	Matthew King	Moorestown NJ		

**Male 40 to 44**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Timothy Boughal	Brooklyn NY	13	1:27:08.0
2 *	Andrii Korets	Wayne NJ	47	1:44:04.2
3 *	Jeremy Dwyer	Flushing NY	63	1:56:30.2
DNF	Justin Poche	Worcester MA		

**Male 45 to 49**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Hany Kamel	Ridgewood NJ	59	1:50:19.3
2 *	Lloyd Miller	Brooklyn NY	69	1:59:28.7
3 *	Fred Yang	Huntington Station	97	2:31:33.6

**Male 50 to 54**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Maor Schaal	Northborough MA	56	1:48:42.1
2 *	John Kilcullen	Staten Island NY	57	1:48:54.2
3 *	Jan Noordin	New York NY	88	2:18:25.0
4	Eric Reed	New York NY	94	2:29:15.7
DNF	William Gehris	New Paltz NY		

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Ted Rudel	Lake George NY	16	1:28:26.3
2 *	George Stark	Queensbury NY	20	1:31:21.2
3 *	Richard Starace	Greenfield Center	22	1:31:31.0
4	Joseph Steiner	Reston VA	32	1:37:58.1
5	Joseph Burzynski	New York NY	74	2:02:11.6
6	John J Coombs	Boston MA	75	2:02:13.2
7	Allan Robinson	Dorchester Center	76	2:02:58.0

**Male 60 to 64**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	James Harding	Clifton Park NY	26	1:34:45.5
2 *	James Oshea	Guilderland NY	31	1:37:42.7
3 *	Alan Weaver	Claverack NY	42	1:42:32.7
4	Gregg McCulloch	Meridian ID	89	2:19:16.5

**Male 65 to 69**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Robert Webber	Fayetteville NY	17	1:29:02.3
2 *	Nick Burley	Balimore MD	36	1:40:28.3
3 *	Mark Berger	Vergennes VT	51	1:45:14.8
4	Jim Grimaldi	Higganum CT	70	1:59:47.9
DNF	Philip Woodlief	Nashville TN		